



# **NAM COLLEGE KALLIKKANDY**

*Affiliated to Kannur University*



**INTERNATIONAL YOGA DAY**

**21 JUNE 2019**



NAM College, Kallikkandy celebrated the International Yoga Day to create awareness on the physical and mental well – being among students and faculty and staff of the College on 21/06/2019 between 10.00 am to 11.30 am. The event was organised by National Service Scheme Units 31 & 32 of the College.

The session was led by three specialized Yoga trainers from Thalassery. The Principal Dr.Mohammed Kutty KK inaugurated the session. Dr. Madhusoodanan (Associate Professor, Physical Education and Mr.Namshad (NSS Programme Officer) gave a felicitation for the session. Mr.Musthafa KS (NSS Programme Officer) welcomed the gathering and Mr.Ashraf E.(Assistant Professor of Commerce) proposed a vote of thanks.



